

## Unit 5 Web-Based Resources and Videos

### Chapter 12

#### Pope Francis on the Commandments and Grace

- [http://www.vatican.va/content/francesco/en/audiences/2018/documents/papa-francesco\\_20181121\\_udienza-generale.html](http://www.vatican.va/content/francesco/en/audiences/2018/documents/papa-francesco_20181121_udienza-generale.html)

The transcript of Pope Francis's "General Audience" (November 21, 2018) in which he reflects on how we can only follow the Ten Commandments through humility and reliance on God's gifts and grace.

#### Grace

- <https://www.youtube.com/watch?v=Pin9tUSyil8>

A short video from the Diocese of Nashville exploring the meaning of grace.

#### The Nature of Virtue

- <https://www.catholicnewsagency.com/resources/virtue/introduction/the-nature-of-virtue>

An article that takes an in-depth look at how we acquire virtue.

#### Father Ben Talks about the 4 Cardinal Virtues

- <https://www.youtube.com/watch?v=LmF8KemkY7Y>

A brief video explaining the meaning of each of the Cardinal Virtues.

#### Faith, Hope, and Love

- <https://www.smp.org/resourcecenter/resource/7842/>

A brief video on the virtue of faith.

#### 10 Ways to Sharpen Your Conscience

- <https://aleteia.org/2018/04/28/10-ways-to-develop-your-conscience/>

An article with ten practical suggestions for developing a well-formed conscience.

### Chapter 13

#### Pope Francis on Forgiveness

- [http://www.vatican.va/content/francesco/en/audiences/2019/documents/papa-francesco\\_20190424\\_udienza-generale.html](http://www.vatican.va/content/francesco/en/audiences/2019/documents/papa-francesco_20190424_udienza-generale.html)

The transcript of Pope Francis's "General Audience" (April 24, 2019) in which he reflects on God's forgiveness and our call to forgive others.

#### Forgive 70 Times 7

- <https://www.youtube.com/watch?v=liaog6-LFpk>

A short video portraying Jesus' teaching about forgiveness using the Parable of the Unforgiving Servant.



### **Healing Begins with Forgiveness**

- <http://www.catholicdigest.com/faith/spirituality/healing-begins-with-forgiveness/>  
A brief article discussing the healing power of forgiveness.

### **Forgiveness**

- <https://www.youtube.com/watch?v=ZoyoFEmk3Vk>
- A video of Fr. Mike Schmitz teaching about what forgiveness is and what it isn't.

